SCOPE OF THE NEED

Young adult addiction (to alcohol, marijuana, stimulants, pain pills, etc) is the fastest growing population of newly diagnosed substance use disorders (SUD) in the country, and is an ADA compliant condition requiring support. The covid pandemic has exacerbated this problem.

The Carolina Recovery Program (CRP) strives to provide a safe place for students to seek staff support while connecting with additional resources and other peers in recovery to grow and succeed while having a normal college experience, allowing them to reach their fullest potential, and going on to be strong and grateful alum.

Best practice programs around the country have dedicated clinical and program staff, a centralized drop-in space for individual, group and programmatic supports, and an ample programming and engagement budget to support safe and sober healthy activities, trainings and leadership opportunities.

REACH & EFFICACY

<table>
<thead>
<tr>
<th>Community Building</th>
<th>Group Support</th>
<th>Individual Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>includes substance free events and weekly peer support</td>
<td>includes skill building, process oriented psychoeducation for continued recovery</td>
<td>includes case management, 1:1 recovery support sessions and coordination of mental health support</td>
</tr>
<tr>
<td><strong>627</strong> Student Contacts</td>
<td><strong>350</strong> Student Contacts</td>
<td><strong>252</strong> Student Contacts</td>
</tr>
</tbody>
</table>

Better equipped to see my recovery holistically
Better able to identify areas for growth related to my recovery
More equipped with resources, skills, and techniques to improve my wellness

“*The staff in Wellness worked with me when I was struggling with my use and were patient with me as I tried to cut back and manage my use. I felt so valued!*”

“*The CRP and my recovery peers have not only supported me academically, but provided a sense of direction and fulfillment*”

“*The CRC helped me get sober and stay sober. It’s impactful for me because it’s kept me alive, and has, even more, allowed me to be successful in college*”