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Wellness Coach
kerrief@unc.edu [1]

Kerrie Ferguson is a National Board-Certified Health and Wellness Coach and a former chiropractor who recognizes the importance of the mind-body connection for health and well-being. She enjoys helping individuals manage stress and overcome self-limiting beliefs so that they can pursue their personal and professional goals with confidence and clarity.

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Links

[1] <mailto:kerrief@unc.edu>