

Published on *Student Wellness* (<https://studentwellness.unc.edu>)

[Home](#) > Printer-friendly PDF > Demond Timberlake (he/him)

---

## Demond Timberlake (he/him)



Wellness Coach

[drt2018@live.unc.edu](mailto:drt2018@live.unc.edu) [1]

Demond Timberlake is a former Tar Heel (class of 2018) and has a strong appreciation for the interconnectedness of all dimensions of wellness. He believes wellness is a journey, and his passion is to be a guide for others, through all stages of their journey. Go Heels!!

---

**Source URL:** <https://studentwellness.unc.edu/about-us/our-staff/demond-timberlake-hehim>

### Links

[1] <mailto:drt2018@live.unc.edu>