

Published on *Student Wellness* (<https://studentwellness.unc.edu>)

[Home](#) > Printer-friendly PDF > Mary Perkins-England (she/her)

---

## Mary Perkins-England (she/her)



Wellness Coach

[mperkins-england@unc.edu](mailto:mperkins-england@unc.edu) [1]

Mary Perkins-England spent 15 years protecting vulnerable children, and then took a career turn to begin fostering new levels of growth and fulfillment for individuals. She loves to make a difference for people by helping them bring about better health and well-being while developing deeper satisfaction and joy. Coaching is her Passion!

---

**Source URL:** <https://studentwellness.unc.edu/about-us/our-staff/mary-perkins-england-sheher>

### Links

[1] <mailto:mperkins-england@unc.edu>