

P.E.A.C.E.



P.E.A.C.E. (Processing Emotions And Communicating Effectively): This affinity group was born out of a need for students' feelings, voices and stories to be shared while identifying mental health resources in a safe, non-judgmental setting. The program aims to bridge the gap between Black students and Mental Health resources by hosting events that teach students how to reconcile past traumas and develop healthy coping mechanisms while moving forward.

To join P.E.A.C.E. email: Dr. DeVetta Holman-Copeland [1], dholman@email.unc.edu [2]
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Source URL: <https://studentwellness.unc.edu/programs/community-building-programs/peace>

Links

[1] <https://studentwellness.unc.edu/about-us/our-staff/devetta-holman-copeland-sheher>

[2] <mailto:dholman@email.unc.edu>