

## Sister Talk



**Sister Talk** is designed to increase a sense of belonging, as well as, to give women of color, specifically, Black identified women, the space, tools and resources to successfully navigate UNC-Chapel Hill. In addition to being a safe landing space for Black women on campus, Sister Talk provides several learning and developmental opportunities for a population that is historically underserved.

Sister Talk promotes and enhances self-efficacy, self-awareness, and self-advocacy, among other protective factors for Black women at UNC. This group also aims to

strengthen resiliency among this cohort of students, as they exist at an intersection of gender and race which impact their experiences at a predominately white institution (PWI).

To join Sister Talk email: [Dr. DeVetta Holman-Copeland](#) [1], [dholman@email.unc.edu](mailto:dholman@email.unc.edu) [2]  
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**Source URL:** <https://studentwellness.unc.edu/programs/community-building-programs/sister-talk>

**Links**

[1] <https://studentwellness.unc.edu/about-us/our-staff/devetta-holman-copeland-sheher>

[2] <mailto:dholman@email.unc.edu>