Community Building Programs

Community Building Programs are just a few creative initiatives to address the needs of communities to effectively help them navigate successfully at the University of North Carolina at Chapel Hill:

- **Master Class in Redesigning your Life Spring 2022.** Student Wellness continues to consider the needs of marginalized student communities particularly when it comes to readiness for the workforce and marketing themselves to potential employers and talent acquisition managers. Dr. Tierney Bates of Director of University Career Services [1] will be leading an in person Master Class on Thursday 4/21/22 at 6pm in the Upendo Lounge located in SASB North. No registration needed.

- **Muslim Community Building- Ramadan 2022.** Student Wellness is committed to creating a safe, equitable and well campus for all. This year to mark the beginning of Ramadan [2], Student Wellness is partnering with the Muslim Student Association (MSA) [3] to host a traditional 'Fanoos' (lantern) lighting ceremony on 4/1/22 at 7:00pm at the Pit. Members of the UNC community will open the event with a few words, proceed with the lantern lighting and an outdoor evening prayer. Chancellor Kevin M. Guskiewicz will be in attendance. To RSVP contact MSA leaders Dalal Azzam at dazzam@ad.unc.edu [4] and Zakia Ishaque at zakiami@ad.unc.edu [5]. Learn more about how you can support Muslim students and staff during Ramadan 2022. [6]

- **Sister Talk** [7]: Designed to increase a sense of belonging, as well as, to give women of color, specifically, Black identified women, the space, tools and resources to successfully navigate UNC-Chapel Hill. Sister Talk promotes and enhances self-efficacy, self-awareness, and self-advocacy, among other protective factors for Black women at UNC.
• **Sister Talk After Dark (S.T.A.D.)** [8]: Graduate and professional students experience a different academic dynamic, essentially because they are more isolated and operate on a more individualistic paradigm. This group aims to increase a sense of belonging and resiliency.

• **P.E.A.C.E.** [9](Processing Emotions And Communicating Effectively): [9] This affinity group was born out of a need for students’ feelings, voices and stories to be shared while identifying mental health resources in a safe, non-judgmental setting.

• **R.E.A.L. Talk (Resiliency, Education, And Leadership):** [10] Provides a space for BIPOC (Black/Indigenous People of Color) and male-identified individuals on UNC’s campus to engage and develop their sense of belonging, personal agency, and growth mindset.

**Source URL:** https://studentwellness.unc.edu/programs/community-building-programs

**Links**
4. mailto:dazzam@ad.unc.edu
5. mailto:zakiami@ad.unc.edu
6. https://www.linkedin.com/pulse/ramadan-2022-higher-education-shahnaz-khawaja/?trackingId=atg3DD3YSDGiuBMRcquTtQ%3D%3D
10. https://studentwellness.unc.edu/node/7556