Community Building Programs

Community Building Programs are just a few creative initiatives to address the needs of communities to effectively help them navigate successfully at the University of North Carolina at Chapel Hill:

- **Muslim Community Building- Ramadan 2022.** Student Wellness is committed to creating a safe, equitable and well campus for all. This year to mark the beginning of Ramadan [1], Student Wellness is partnering with the Muslim Student Association (MSA) [2] to host a traditional 'Fanoos' (lantern) lighting ceremony on 4/1/22 at 7:00pm at the Pit. Members of the UNC community will open the event with a few words, proceed with the lantern lighting and an outdoor evening prayer. Chancellor Kevin M. Guskiewicz will be in attendance. To RSVP contact MSA leaders Dalal Azzam at dazzam@ad.unc.edu [3] and Zakia Ishaque at zakiami@ad.unc.edu [4]. Learn more about how you can support Muslim students and staff during Ramadan 2022. [5]

- **Sister Talk [6]:** Designed to increase a sense of belonging, as well as, to give women of color, specifically, Black identified women, the space, tools and resources to successfully navigate UNC-Chapel Hill. Sister Talk promotes and enhances self-efficacy, self-awareness, and self-advocacy, among other protective factors for Black women at UNC.

- **Sister Talk After Dark (S.T.A.D.) [7]:** Graduate and professional students experience a different academic dynamic, essentially because they are more isolated and operate on a more individualistic paradigm. This group aims to increase a sense of belonging and resiliency.

- **P.E.A.C.E. [8] (Processing Emotions And Communicating Effectively):** This affinity group was born out of a need for students' feelings, voices and stories to be shared while identifying mental health resources in a safe, non-judgmental setting.
• **R.E.A.L. Talk (Resiliency, Education, And Leadership):** [9] Provides a space for BIPOC (Black/Indigenous People of Color) and male-identified individuals on UNC’s campus to engage and develop their sense of belonging, personal agency, and growth mindset.

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**Source URL:** https://studentwellness.unc.edu/programs/community-building-programs

**Links**
[3] mailto:dazzam@ad.unc.edu
[4] mailto:zakiami@ad.unc.edu
[5] https://www.linkedin.com/pulse/ramadan-2022-higher-education-shahnaz-khawaja/?trackingId=atg3DD3YSDGuiBMRcquTtQ%3D%3D
[9] https://studentwellness.unc.edu/node/7556