

Healthy Relationship Resources

Tabs:

- [On-Campus Resources](#)
- [Local Resources](#)
- [State and National Resources](#)

LGBTQ Center

Supports a safe, inclusive environment for UNC-Chapel Hill students of all sexualities, gender identities and gender expressions, with drop-in support hours on Wednesdays 3-5pm.

[Visit Site](#) [1]

Carolina Women's Center

Offers educational programming about interpersonal violence and helps facilitate HAVEN trainings for students, faculty, and staff.

[Visit Site](#) [2]

Campus Health Services

Offers confidential health care for UNC students, including evidence collection, screening and treatment of sexually transmitted diseases, and emergency contraception.

[Visit Site](#) [3]

Counseling & Psychological Services

Offers confidential, free individual and group counseling for UNC students. Students can

walk-in for immediate assistance, Monday through Friday, 9-12 and 1-4. CAPS also offers educational resources about sexual assault prevention and healthy relationships.

[Visit Site](#) [4]

UNC Hospitals Emergency Department

After-hours care. All treatment for sexual assault survivors can be paid for by the Victim's Assistance Fund. Students need to identify themselves to staff as UNC students.

[Phone: 919-966-4721](#) [5]

Department of Public Safety

Takes reports of assaults and investigates and participates in appropriate legal or judicial action. Offers self-defense classes. Accepts anonymous reports through Silent Witness (web) or Crime Stoppers (919-942-7515).

[Visit Site](#) [6]

Office of the Dean of Students

Advises survivors and their allies of options and helps students access a wide variety of services, including "no contact" orders and safe housing. Assists survivors filing a complaint with the Honor System. Accepts anonymous, blind, and full reports.

[Visit Site](#) [7]

Department of Housing & Residential Education

Provides a reporting avenue and initial response options to survivors through our live on-campus housing professionals and 24-hour duty response protocols. Contact your Community Director, your Resident Advisor, or the RA on call.

[Visit Site](#) [8]

Compass Center

Offers free and confidential services to adults and children who are experiencing emotional, physical or sexual abuse in their personal relationships.

[Visit Site](#) [9]

Orange County Rape Crisis Center

Offers 24-hour crisis intervention services that provide support and assistance to survivors of sexual assault, their families, and friends; information and referrals concerning the law enforcement, medical, and legal processes; and programs on sexual assault awareness and prevention.

[Visit Site](#) [10]

Local Police Departments

Have specially trained officers in the Crisis Unit or Domestic Violence and Sexual Assault Response Teams who know how to help. The crisis unit also provides follow-up and case management services. This may involve assistance with court proceedings, safety planning, and referrals for counseling or other services.

Contact Information:

[Chapel Hill](#) [11] | [919-968-2760](#) [12]

[Carrboro](#) [13] | [919-918-7397](#) [14]

[Durham](#) [15] | [919-560-4427](#) [16]

Amplify Your Voice

This website offers a ton of information about what makes a healthy relationship as well as ways to get involved in advocacy around sexual health issues.

[Visit Site](#) [17]

Planned Parenthood of Central North Carolina

Offers a wide variety of low-cost services, including emergency contraception, screening and treatment of sexually transmitted diseases, and HIV testing and counseling.

[Visit Site](#) [18]

National Domestic Violence Hotline

National crisis line provides 24-hour information and referrals.

Phone: [1-800-799-SAFE](tel:1-800-799-SAFE) [19]

[Visit Site](#) [20]

Rape, Abuse, and Incest National Network (RAINN)

National crisis line provides 24-hour information and referrals.

[Visit Site](#) [20]

KIRAN

Provides domestic violence and crisis services to South Asians.

[Visit Site](#) [21]

North Carolina Coalition Against Sexual Assault

Provides trainings, resources, and NC rape crisis center listings.

[Visit Site](#) [22]

North Carolina Coalition Against Domestic Violence

Provides trainings, resources, and provider listings.

[Visit Site](#) [23]

Men Can Stop Rape

Information for males to prevent sexual violence and support survivors.

[Visit Site](#) [24]

Project Rainbow Net

Domestic violence resources for the LGBT community in North Carolina.

[Visit Site](#) [25]

Source URL: <https://studentwellness.unc.edu/resources/healthy-relationship-resources>

Links

- [1] <http://lgbtq.unc.edu/>
- [2] <http://womenscenter.unc.edu>
- [3] <https://caps.unc.edu/>
- [4] <http://caps.unc.edu>
- [5] tel:19199664721
- [6] <http://www.dps.unc.edu>
- [7] <https://odos.unc.edu>
- [8] <http://housing.unc.edu>
- [9] <http://compassctr.org/>
- [10] <http://www.ocrcc.org>
- [11] <http://www.ci.chapel-hill.nc.us/>
- [12] tel:19199682760
- [13] <http://www.townofcarrboro.org/>
- [14] tel:19199187397
- [15] <http://www.durhampolice.com/>
- [16] tel:19195604427
- [17] <http://www.amplifyyourvoice.org>
- [18] <http://www.plannedparenthood.org/centralInc>
- [19] tel:18007997233
- [20] <http://www.ndvh.org/>

[21] <http://www.kiraninc.org>

[22] <http://www.nccasa.net>

[23] <http://www.nccadv.org>

[24] <http://www.mencanstoprape.org>

[25] <http://www.projectrainbownet.org>