Healthy Relationship Resources

Tabs:

- On-Campus Resources
- Local Resources
- State and National Resources

LGBTQ Center

Supports a safe, inclusive environment for UNC-Chapel Hill students of all sexualities, gender identities and gender expressions, with drop-in support hours on Wednesdays 3-5pm.

Visit Site [1]

Carolina Women’s Center

Offers educational programming about interpersonal violence and helps facilitate HAVEN trainings for students, faculty, and staff.

Visit Site [2]

Campus Health Services

Offers confidential health care for UNC students, including evidence collection, screening and treatment of sexually transmitted diseases, and emergency contraception.

Visit Site [3]

Counseling & Psychological Services

Offers confidential, free individual and group counseling for UNC students. Students can
walk-in for immediate assistance, Monday through Friday, 9-12 and 1-4. CAPS also offers educational resources about sexual assault prevention and healthy relationships.

**UNC Hospitals Emergency Department**

After-hours care. All treatment for sexual assault survivors can be paid for by the Victim’s Assistance Fund. Students need to identify themselves to staff as UNC students.

**Phone: 919-966-4721**

**Department of Public Safety**

Takes reports of assaults and investigates and participates in appropriate legal or judicial action. Offers self-defense classes. Accepts anonymous reports through Silent Witness (web) or Crime Stoppers (919-942-7515).

**Office of the Dean of Students**

Advises survivors and their allies of options and helps students access a wide variety of services, including no contact orders and safe housing. Assists survivors filing a complaint with the Honor System. Accepts anonymous, blind, and full reports.

**Department of Housing & Residential Education**

Provides a reporting avenue and initial response options to survivors through our live on-campus housing professionals and 24-hour duty response protocols. Contact your Community Director, your Resident Advisor, or the RA on call.
Compass Center

Offers free and confidential services to adults and children who are experiencing emotional, physical or sexual abuse in their personal relationships.

Visit Site [9]

Orange County Rape Crisis Center

Offers 24-hour crisis intervention services that provide support and assistance to survivors of sexual assault, their families, and friends; information and referrals concerning the law enforcement, medical, and legal processes; and programs on sexual assault awareness and prevention.

Visit Site [10]

Local Police Departments

Have specially trained officers in the Crisis Unit or Domestic Violence and Sexual Assault Response Teams who know how to help. The crisis unit also provides follow-up and case management services. This may involve assistance with court proceedings, safety planning, and referrals for counseling or other services.

Contact Information:

Chapel Hill | 919-968-2760[12]
Carrboro | 919-918-7397[14]
Durham | 919-560-4427[16]

Amplify Your Voice

This website offers a ton of information about what makes a healthy relationship as well as ways to get involved in advocacy around sexual health issues.

Visit Site [17]
Planned Parenthood of Central North Carolina

Offers a wide variety of low-cost services, including emergency contraception, screening and treatment of sexually transmitted diseases, and HIV testing and counseling.

[Visit Site](#) [18]

National Domestic Violence Hotline

National crisis line provides 24-hour information and referrals.

Phone: [1-800-799-SAFE](#) [19]

[Visit Site](#) [20]

Rape, Abuse, and Incest National Network (RAINN)

National crisis line provides 24-hour information and referrals.

[Visit Site](#) [20]

KIRAN

Provides domestic violence and crisis services to South Asians.

[Visit Site](#) [21]

North Carolina Coalition Against Sexual Assault

Provides trainings, resources, and NC rape crisis center listings.

[Visit Site](#) [22]

North Carolina Coalition Against Domestic Violence
Provides trainings, resources, and provider listings.

Visit Site [23]

**Men Can Stop Rape**

Information for males to prevent sexual violence and support survivors.

Visit Site [24]

**Project Rainbow Net**

Domestic violence resources for the LGBT community in North Carolina.

Visit Site [25]

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**Source URL:** https://studentwellness.unc.edu/resources/healthy-relationship-resources

**Links**

[3] https://caps.unc.edu/
[7] https://odos.unc.edu
[12] tel:19199682760
[14] tel:19199187397
[16] tel:19195604427
[19] tel:18007997233