Healthy Relationship Resources

- On-Campus Resources
- Local Resources
- State and National Resources

LGBTQ Center

Supports a safe, inclusive environment for UNC-Chapel Hill students of all sexualities, gender identities and gender expressions, with drop-in support hours on Wednesdays 3-5pm.

Visit Site [1]

Carolina Women’s Center

Offers educational programming about interpersonal violence and helps facilitate HAVEN trainings for students, faculty, and staff.

Visit Site [2]

Campus Health Services

Offers confidential health care for UNC students, including evidence collection, screening and treatment of sexually transmitted diseases, and emergency contraception.

Visit Site [3]

Counseling & Psychological Services

Offers confidential, free individual and group counseling for UNC students. Students can walk-in for immediate assistance, Monday through Friday, 9-12 and 1-4. CAPS also
offers educational resources about sexual assault prevention and healthy relationships.

Visit Site [4]

**UNC Hospitals Emergency Department**

After-hours care. All treatment for sexual assault survivors can be paid for by the Victim’s Assistance Fund. Students need to identify themselves to staff as UNC students.

Phone: 919-966-4721 [5]

**Department of Public Safety**

Takes reports of assaults and investigates and participates in appropriate legal or judicial action. Offers self-defense classes. Accepts anonymous reports through Silent Witness (web) or Crime Stoppers (919-942-7515).

Visit Site [6]

**Office of the Dean of Students**

Advises survivors and their allies of options and helps students access a wide variety of services, including "no contact" orders and safe housing. Assists survivors filing a complaint with the Honor System. Accepts anonymous, blind, and full reports.

Visit Site [7]

**Department of Housing & Residential Education**

Provides a reporting avenue and initial response options to survivors through our live on-campus housing professionals and 24-hour duty response protocols. Contact your Community Director, your Resident Advisor, or the RA on call.

Visit Site [8]

**Compass Center**
Offers free and confidential services to adults and children who are experiencing emotional, physical or sexual abuse in their personal relationships.

Visit Site [9]

**Orange County Rape Crisis Center**

Offers 24-hour crisis intervention services that provide support and assistance to survivors of sexual assault, their families, and friends; information and referrals concerning the law enforcement, medical, and legal processes; and programs on sexual assault awareness and prevention.

Visit Site [10]

**Local Police Departments**

Have specially trained officers in the Crisis Unit or Domestic Violence and Sexual Assault Response Teams who know how to help. The crisis unit also provides follow-up and case management services. This may involve assistance with court proceedings, safety planning, and referrals for counseling or other services.

Contact Information:


**Amplify Your Voice**

This website offers a ton of information about what makes a healthy relationship as well as ways to get involved in advocacy around sexual health issues.

Visit Site [17]

**Planned Parenthood of Central North Carolina**

Offers a wide variety of low-cost services, including emergency contraception, screening
and treatment of sexually transmitted diseases, and HIV testing and counseling.

[Visit Site](18)

**National Domestic Violence Hotline**

National crisis line provides 24-hour information and referrals.

Phone: [1-800-799-SAFE](19)

[Visit Site](20)

**Rape, Abuse, and Incest National Network (RAINN)**

National crisis line provides 24-hour information and referrals.

[Visit Site](20)

**KIRAN**

Provides domestic violence and crisis services to South Asians.

[Visit Site](21)

**North Carolina Coalition Against Sexual Assault**

Provides trainings, resources, and NC rape crisis center listings.

[Visit Site](22)

**North Carolina Coalition Against Domestic Violence**

Provides trainings, resources, and provider listings.

[Visit Site](23)
Men Can Stop Rape

Information for males to prevent sexual violence and support survivors.

Visit Site [24]

Project Rainbow Net

Domestic violence resources for the LGBT community in North Carolina.

Visit Site [25]

Source URL: https://studentwellness.unc.edu/resources/healthy-relationship-resources

Links
[3] https://caps.unc.edu/
[7] https://odos.unc.edu
[12] tel:19199682760
[14] tel:19199187397
[16] tel:19195604427
[19] tel:18007997233