Healthy Relationship Resources

- On-Campus Resources
- Local Resources
- State and National Resources

LGBTQ Center

Supports a safe, inclusive environment for UNC-Chapel Hill students of all sexualities, gender identities and gender expressions, with drop-in support hours on Wednesdays 3-5pm.

Visit Site [1]

Carolina Women’s Center

Offers educational programming about interpersonal violence and helps facilitate HAVEN trainings for students, faculty, and staff.

Visit Site [2]

Campus Health Services

Offers confidential health care for UNC students, including evidence collection, screening and treatment of sexually transmitted diseases, and emergency contraception.

Visit Site [3]

Counseling & Psychological Services

Offers confidential, free individual and group counseling for UNC students. Students can walk-in for immediate assistance, Monday through Friday, 9-12 and 1-4. CAPS also offers educational resources about sexual assault prevention and healthy relationships.
UNC Hospitals Emergency Department

After-hours care. All treatment for sexual assault survivors can be paid for by the Victim’s Assistance Fund. Students need to identify themselves to staff as UNC students.

Phone: 919-966-4721

Department of Public Safety

Takes reports of assaults and investigates and participates in appropriate legal or judicial action. Offers self-defense classes. Accepts anonymous reports through Silent Witness (web) or Crime Stoppers (919-942-7515).

Office of the Dean of Students

Advises survivors and their allies of options and helps students access a wide variety of services, including “no contact” orders and safe housing. Assists survivors filing a complaint with the Honor System. Accepts anonymous, blind, and full reports.

Department of Housing & Residential Education

Provides a reporting avenue and initial response options to survivors through our live on-campus housing professionals and 24-hour duty response protocols. Contact your Community Director, your Resident Advisor, or the RA on call.

Compass Center

Offers free and confidential services to adults and children who are experiencing
emotional, physical or sexual abuse in their personal relationships.

[Visit Site](#) [9]

**Orange County Rape Crisis Center**

Offers 24-hour crisis intervention services that provide support and assistance to survivors of sexual assault, their families, and friends; information and referrals concerning the law enforcement, medical, and legal processes; and programs on sexual assault awareness and prevention.

[Visit Site](#) [10]

**Local Police Departments**

Have specially trained officers in the Crisis Unit or Domestic Violence and Sexual Assault Response Teams who know how to help. The crisis unit also provides follow-up and case management services. This may involve assistance with court proceedings, safety planning, and referrals for counseling or other services.

Contact Information:


-Carrboro [13] | [919-918-7397](#) [14]

-Durham [15] | [919-560-4427](#) [16]

**Amplify Your Voice**

This website offers a ton of information about what makes a healthy relationship as well as ways to get involved in advocacy around sexual health issues.

[Visit Site](#) [17]

**Planned Parenthood of Central North Carolina**

Offers a wide variety of low-cost services, including emergency contraception, screening and treatment of sexually transmitted diseases, and HIV testing and counseling.
**National Domestic Violence Hotline**
National crisis line provides 24-hour information and referrals.
Phone: [1-800-799-SAFE](tel:1-800-799-SAFE) [19]

**Rape, Abuse, and Incest National Network (RAINN)**
National crisis line provides 24-hour information and referrals.

**KIRAN**
Provides domestic violence and crisis services to South Asians.

**North Carolina Coalition Against Sexual Assault**
Provides trainings, resources, and NC rape crisis center listings.

**North Carolina Coalition Against Domestic Violence**
Provides trainings, resources, and provider listings.
Men Can Stop Rape

Information for males to prevent sexual violence and support survivors.

Visit Site [24]

Project Rainbow Net

Domestic violence resources for the LGBT community in North Carolina.

Visit Site [25]

Source URL: https://studentwellness.unc.edu/resources/healthy-relationship-resources

Links
[3] https://caps.unc.edu/
[7] https://odos.unc.edu
[12] tel:19199682760
[14] tel:19199187397
[16] tel:19195604427
[19] tel:18007997233