Getting Trained

One ACT is a four-hour training for Carolina students who are interested in preventing interpersonal violence. This training will give you the knowledge, skills, and confidence to recognize the early warning signs of interpersonal violence and take preventive action in your everyday life. We've been leading trainings since November 2010.

In Spring 2013, a three-hour One ACT for Greeks curriculum was piloted with one IFC fraternity and representatives from several organizations of the Greek Alliance Council. One ACT for Greeks discusses bystander intervention for preventing sexual assault and high-risk drinking. Additional organizations trained new members and some members of their Executive Boards during the 2013-2014 academic year, including leaders of the 2013 and 2014 InterFraternity Councils and Greek Judicial Boards. New members from IFC fraternities were trained in October and November 2013, and February, March 2014, and April 2014. 2014 Panhellenic Association leaders and members of one Panhellenic sorority were trained in February 2014, and five organizations of the Greek Alliance Council were trained in March 2014.

One ACT for Greeks is a collaboration between Student Wellness and the Office of Fraternity & Sorority Life and Community Involvement. Several organizations affiliated with the Office of Fraternity & Sorority life and Community Involvement, have trained their members since One ACT began. The curriculum was developed under a grant in 2012-2013 through the UNC Parent's Council.

We host trainings in two ways: either through an all-call session where any UNC-CH student can attend, or for specific organizations or clubs who request a training.

Sign up for a training!

Check out our available training dates [1] (onyen required).

Interested in scheduling a training for your group?

Request a training through the Student Wellness program request form [2].
[1] https://heellife.unc.edu/organization/studentwellness/events