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[Home](#) > [Printer-friendly PDF](#) > [One ACT Bystander Skills Workshop](#)

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# One ACT Bystander Skills Workshop

**Help reduce sexual and interpersonal violence on campus and in life. Take one ACT.**

Sign Up to attend OneACT Bystander Skills Workshop - This training will give you the knowledge, skills, and confidence to recognize the early warning signs of when to take preventive action in your everyday life. We believe this training will contribute to a safer campus environment.

Training/ Workshop offered:

[TH, October 15th, 2-3:30 pm](#) [1]

[W, October 28th, 4-5:30 pm](#) [2]

[TH, November 12th, 2-3:30 pm](#) [3]

Looking to request a OneACT Bystander Skills Workshop at a different date and time click [here](#). [4]

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**Source URL:** <https://studentwellness.unc.edu/programs/share/one-act-bystander-skills-workshop>

## Links

[1] <https://heellife.unc.edu/event/6509368>

[2] <https://heellife.unc.edu/event/6509369>

[3] <https://heellife.unc.edu/event/6509370>

[4] <https://studentwellness.unc.edu/resources/request-help/wellness-request-form>